

## **Freeport High School Sophomore Timeline**

### **August-October**

- ☐ Get involved! Join a club or sport
- ☐ Participate in community service
- ☐ Visit College Board website at [www.collegeboard.org](http://www.collegeboard.org) to familiarize yourself with college and career readiness tools
- ☐ Take the PSAT, which is given in October
- ☐ Attend Spanish Parent Night presentation for Spanish speaking parents and students.
- ☐ Attend Back to School Night with parents
- ☐ Attend after school tutoring/extra help as needed
- ☐ Meet with your school counselor to begin the Four Year Educational Plan and review educational courses and learn about extracurricular activities
- ☐ Continue to develop good study skills

### **November-January**

- ☐ Connect with your teachers if you are having difficulty and are in need of extra help
- ☐ Obtain extra help schedule from your teacher and the 21<sup>st</sup> Century after school program
- ☐ Create or update your resume(samples are available in Guidance Office)
- ☐ Attend regents review for January regents exams
- ☐ Review PSAT results
- ☐ Log into [www.collegeboard.org/Quickstart](http://www.collegeboard.org/Quickstart) in order to :
  - \*See correct answers and explanations
  - \*Get a personalized SAT study plan
  - \*Search for colleges
  - \*Explore majors and careers
  - \*Learn about scholarship programs
  - \*Take a personality test
- ☐ Initiate a counselor meeting to discuss academics and Quarter 1 grades
- ☐ Always strive for grades no lower than 85% in all coursework
- ☐ Review course catalog regarding descriptions of FHS honors, advanced placement and elective coursework which can be found under School Counseling at [www.freeportschools.org](http://www.freeportschools.org)
- ☐ Meet with your counselor to select courses for the upcoming school year.
- ☐ Log onto College Board and create a College Board account. Must use full legal name as on your transcript.
- ☐ Think about taking SAT subject tests in your junior year
- ☐ Make a College Wish List in terms of location, size, and majors offered

- ☐ Visit the athletics office for spring sports information
- ☐ Refer to NCAA link [www.ncaaclearinghouse.net](http://www.ncaaclearinghouse.net) to learn more
- ☐ Attend parent/teacher conferences with your parents

### **February-June**

- ☐ Review course selections mailed home for upcoming school year and respond by deadline date if necessary
- ☐ Attend FHS College Fair
- ☐ Ensure that you are up to date with science labs. If they are incomplete you will not be allowed to sit for regent exam in June
- ☐ Continue building a strong academic record
- ☐ Take the AP exam if applicable
- ☐ Consider attending a national college fair held on the island. All students are welcome regardless of grade
- ☐ Attend parent/teacher conferences with your parent
- ☐ Attend review sessions to prepare for June exams
- ☐ Focus on successfully completing coursework, final and regents exams

### **Summer**

- ☐ Do something meaningful during the summer that you can talk about in your college essays and admissions interview, i.e. community service
- ☐ Prepare for SAT's/ACT by logging into [www.freeportschools.org](http://www.freeportschools.org) under school counseling and log into method test prep
- ☐ Visit Colleges!
- ☐ Begin organizing possible essays for colleges

Be the Best You Can Always Be!