

## **Freeport High School Freshman Timeline**

### **August –October**

- ☐ Attend Freshman orientation at the high school with your parents.
- ☐ Review class schedule and discuss concerns.
- ☐ Attend ESL Parent Night presentation for Spanish speaking parents and students.
- ☐ Attend Back to School Night with parents.
- ☐ Attend afterschool tutoring/extra help as needed.
- ☐ Join a club or sport.
- ☐ Get involved.
- ☐ Create a professional email for correspondence with counselors and colleges.
- ☐ Meet with your school counselor to begin the Four Year Educational Plan and review graduation requirements.
- ☐ Develop good study skills! Ask for assistance in the School Counseling Office.
- ☐ Create a Method Test Prep account for the ACT/SAT by logging into [www.freeportschools.org](http://www.freeportschools.org) then go to School Counseling.

### **November - January**

- ☐ Initiate a counselor meeting to discuss academics and Quarter One grades.
- ☐ Attend Parent/Teacher Conferences.
- ☐ Strive for grades no lower than 85% in all coursework.
- ☐ Review course catalog for descriptions of our FHS honors, advanced placement and elective coursework and criteria which can be found under School Counseling at [www.freeportschools.org](http://www.freeportschools.org)
- ☐ Meet with your counselor with your counselor to select courses for the upcoming school year.
- ☐ Refer to [www.ncaa.org](http://www.ncaa.org) to learn more about college preparatory courses and NCAA if you wish to participate in Division I or II sports.
- ☐ Get involved in community services!
- ☐ Attend Parent/teacher conferences with your parents.
- ☐ Visit your high school athletic office for spring sports information.

### **February – June**

- ☐ Ensure that you are up to date with your science labs. If they are incomplete you will not be allowed to sit for the Regents exam in June.
- ☐ Attend FHS College Fair.
- ☐ Review course selections mailed home for the upcoming school year. Respond by the deadline date if you have changes.
- ☐ Explore summer opportunities through our website [www.freeportschools.org](http://www.freeportschools.org). Visit the school counseling summer link. Explore community service or volunteer positions that will help you learn about a field of interest.
- ☐ Consider attending a national college fair held on the island. All students are welcome regardless of grade.
- ☐ Attend Parent/Teacher conferences with your parents.
- ☐ Attend Regents review sessions to prepare for June Regents exams.
- ☐ Focus on successfully completing coursework, finals and Regents exams.



