

**FREEPORT HIGH SCHOOL
GUIDANCE DEPARTMENT**

**STUDENT 'SELF'
College Recommendation**

Name of Student _____

We believe that you should have a certain amount of input into the letters of recommendation that we write to colleges and universities on your behalf. Consequently, we are asking for your educational and personal growth.

Please respond to the following questions:

1. Are there any factors about your grades that you would like colleges to be aware of?
2. Any factors about admission test scores that you would like us to address?
3. Any circumstances in your life that might have had a negative impact on your academic performance?
4. What are your proudest accomplishments?
 - A. Academic?
 - B. Personal?
5. List five descriptive adjectives that tell something about you as a person.
6. What co-curricular activity has been the most meaningful to you? Why?
7. What job experience or out-of-school experience has been especially meaningful? Why?
8. What will you be able to offer to a college or university? Why should they select you?

Please feel free to use a second sheet of paper if your comments do not fit into the spaces provided.