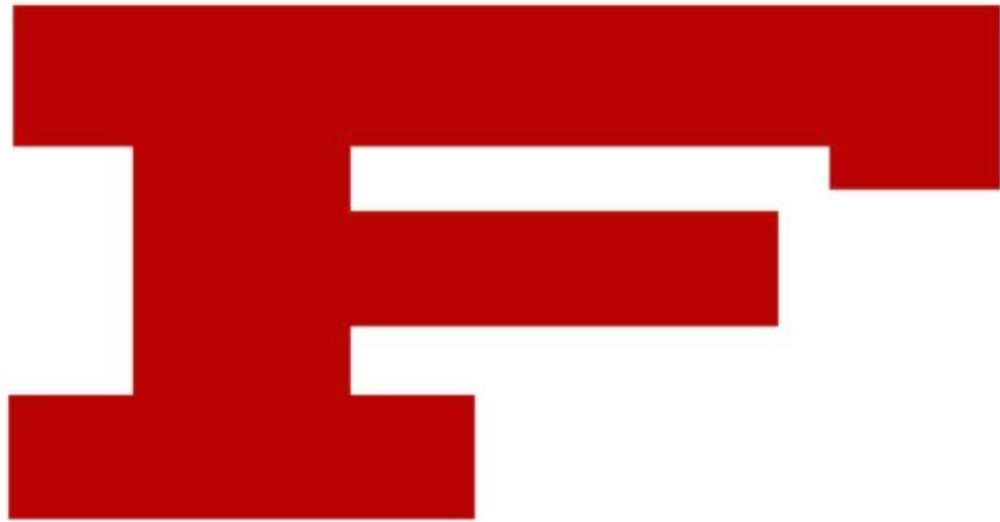


FREEPORT ATHLETICS



**INTERSCHOLASTIC ATHLETIC HANDBOOK
FOR STUDENT ATHLETES AND PARENTS**

Table of Contents

LETTER.....	3
FREEPORT SCHOOL'S CODE OF CONDUCT.....	4
PHILOSOPHY.....	5
ATHLETIC CODE OF BEHAVIOR.....	5
ATHLETE/PARENT/COACH COMMUNICATION PROCESS.....	6
HAZING, INITIATION, BULLYING.....	7
PROCEDURE FOR AWAY EVENTS.....	7
ELIGIBILITY REQUIREMENTS.....	7
ATHLETIC REGISTRATION-FAMILYID.....	8
HIGH SCHOOL ATHLETIC PROGRAM.....	8
VACATION POLICY.....	8-9
TRYOUTS AND TEAM SELECTION.....	9
PRACTICE SESSIONS FOR SCRIMMAGE & GAME ELIGIBILITY.....	9
SCHEDULING PRACTICES, SCRIMMAGES AND GAMES.....	10
SUBSTANCE ABUSE.....	10
RELIGIOUS HOLIDAYS.....	10
CONFLICTS IN EXTRACURRICULAR ACTIVITIES.....	11
FALL SEASON.....	11
WEBSITE.....	11
RISK FACTOR IN SPORTS.....	11-12
HEALTH INSURANCE COVERAGE.....	12
MIXED COMPETITION.....	12
LOCKERS.....	12
AWARDS.....	12-13
NASSAU COUNTY ASSOCIATION AWARDS.....	13
NCAA ELIGIBILITY REQUIREMENTS.....	13
PHYSICAL EDUCATION.....	13
CONCUSSIONS.....	13-14
HIGH SCHOOL SPORT SEASONS.....	14-15
ACADEMICELIGIBILITY.....	15-16
CONCLUSION.....	16

Dear Students and Parents:

This handbook is written for students and their parents to provide you with the information you need to understand the rules which govern athletic participation and to ensure that you are able to follow the procedures required by all participating athletes and their parents.

Research indicates that students who are involved in co-curricular experiences at the secondary level manage their time more effectively and have higher grades than students who are not involved. In addition, participating athletes demonstrate a more serious sense of their own growth and development. Our athletes learn better organizational skills, collaborate with others, make better, healthier life decisions, and develop stronger inter- and intra- personal skills. Further, Co-curricular activities are indeed the events whereby positive high school memories are made.

It is for these reasons that I am pleased you are participating in our interscholastic athletic program at Freeport High School.

This handbook must be read by all parents and students participating in our extracurricular athletics program. The acknowledgement must be signed by both the athlete and a parent and submitted via FamilyID when you register your child to participate in each sports season.

Best wishes for a successful school year. If you have any questions, please call me at 516-867-5330.

Sincerely,

Jonathan Bloom

FREEPORT SCHOOL'S CODE OF CONDUCT

As spectators and participants, each of us - students, parents, teachers and administrators - have a responsibility to the athletic program of our school district.

We must extend to our guests - the officials, players, coaches and spectators of neighboring schools - the courtesy and sportsmanship that we wish to have extended to us during our visits as guests in their schools.

Our conduct at all athletic contests is a reflection of the Freeport community, our educational system and ourselves. It is, therefore, most important that our attitude be friendly toward our guests during their visits to Freeport.

The officials and coaches assigned to our athletic contests are well-trained and each of them performs a necessary and difficult task. We could not run an organized interscholastic athletic program without them. Even when we may disagree with an official's or coach's decision during a contest, we must remember that these individuals are human beings and deserve our respect.

The athletes on each team practiced long and hard to prepare for their seasons. They are trained to perform to the best of their ability and to represent their school and community in a sportsmanlike manner.

Booing or abusive language directed towards players, coaches or officials is a sign of poor sportsmanship. Let us rather focus on encouragement and positive cheering at all athletic contests.

PHILOSOPHY

Participation in a well-organized interscholastic athletic program provides students with opportunities and experiences to learn skills for adult life. Research reveals that participation in athletics teaches young adults critical lessons in citizenship, respect, responsibility, fair play, communication, team work, decision making, problem solving, self-worth and individual potential. A student who elects to participate in the athletic program is making a commitment to personal, team and program goals.

Since interscholastic athletics are philosophical extensions of the physical education program and classified as co-curricular activities, the goals and objectives of athletics should be supportive of and consistent with the goals and objectives of the total educational program. When conducted properly, athletics can positively contribute to intellectual, physical, social and emotional development; however, the realization of these educational goals does not automatically occur. These values are attained when the athletic program is viewed as a means to an end rather than an end itself, and when it is:

- Conducted to promote the physical and emotional well-being of all participants.
- Regarded as an integral part of the total educational program
- Subjected to the same administrative control as the total educational program
- Conducted by persons with training in first-aid and in physical education or coaching certification programs
- Conducted within the letter and spirit of all applicable rules and regulations

Although the explicit goal of all competitive sports is to win within the rules, that is by no means the only measure of success. The total development of the individual as a person is of considerably greater importance. Success in athletics occurs when athletes are allowed to develop their abilities to the fullest and to become all they are capable of being.

ATHLETIC CODE OF BEHAVIOR

It is our desire that all individuals (athletes, coaches, officials, spectators and supervisors) involved with interscholastic athletics will display behavior that reflects the ideals of sportsmanship, ethical conduct and a sense of fair play. The benefits derived from playing the game fairly should be stressed and any actions which tend to destroy those values should be discouraged. Courtesy should be shown toward opponents, officials, supervisors, spectators and administrators. Efforts must be made to achieve a thorough understanding and acceptance of the rules of the game and standards of eligibility, as well as to respect the integrity and the judgment of sports officials. It is important for all to recognize that the purpose of athletics is to promote the physical, mental, moral, social and emotional well-being of the individual players. Most of all, it is the duty of all concerned with high school athletics to remember that each individual athletic contest is only a game and should be kept in that perspective.

ATHLETE/PARENT/COACH COMMUNICATION PROCESS

Both parenting and coaching are difficult vocations. By establishing lines of communication and understanding each position, we are better able to accept the actions of the others and provide greater benefits to children. It is our expectation that communication will be encouraged and maintained between and among parents, athlete and coach. Parents are entitled to answers to legitimate questions regarding their child's performance and/or status. During the season, concerns may arise. The following communication process should be followed:

- Player meets with the coach to discuss concerns/issues, if unresolved...
- Player, parent meet with the coach for further discussion, if unresolved...
- Player, parent, coach meet with Athletic Director for further discussion, if unresolved...
- Player, parent, coach, Athletic Director meet with Building Principal

We encourage all parents to attend games and to model constructive support and guidance when students experience either success or failure in game situations. Most importantly, we ask parents to help us reinforce the inherent values of striving for individual and team progress, good sportsmanship and commitment to maintaining team morale. All practice sessions are closed to parents. Our athletic staff welcomes the opportunity to speak with parents about specific concerns. Discussions on the field tend to be fragmented, incomplete and are, unnecessarily, public. Consequently, the most productive conversations can and should take place at scheduled times, in more private settings. In order to discuss concerns with coaches, we encourage parents to call the Athletic Office at 867-5330 to arrange a meeting with the appropriate coach.

ATHLETES ARE EXPECTED TO:

- conduct themselves in a mature fashion at all times
- not engage in the hazing, initiation or bullying of any students or staff members
- demonstrate self-control and mutual respect at all times
- avoid the use of profanity, abusive language or gestures in dealing with opponents, officials or spectators
- accept victory with grace and defeat with dignity; poor winners or losers do a disservice to themselves and the program
- set an example in word and deed, both on and off the playing area; remember that athletes assume a leadership role and that younger students emulate their behavior
- observe training regulations and requirements of physical fitness for better personal performance and greater contribution to the team effort
- place athletic competition in its proper perspective; it represents only one part of the learning process and should not be pursued to the exclusion of everything else

SPECTATORS ARE EXPECTED TO:

- conform to accepted standards of good sportsmanship and behavior

- respect officials, coaches and players and extend all courtesies to them
- refrain from feet stomping, disrespectful remarks and the use of noisemakers
- obey the regulations of the school; those who do not conform will be brought to the attention of the building administrators
- understand that schools are responsible for the conduct of their respective spectators whether home or away. Violators of this code are subject to disciplinary action and/or eviction from the area.

All Freeport school community members are expected to behave responsibly while in school and while participating in the interscholastic programs. During the season, student athletes must conform to Athletic Department policies as outlined in this handbook.

HAZING, INITIATION, BULLYING

The coach will review with the entire team the definitions of hazing, initiation and bullying. The student athletes will understand the seriousness of participation in any activity that is considered hazing, initiation or bullying and that Freeport has zero tolerance. There are serious consequences should this occur.

PROCEDURE FOR AWAY EVENTS

All members of athletic teams are expected to travel to and from athletic contests in transportation provided by Freeport Public Schools. We do understand that there are rare occurrences in which an emergency comes up necessitating the need to take a child home. Such occurrences would be: School functions, religious obligations and medical emergencies. Every attempt should be made to schedule any medical or dental appointments on non-game days. Parents are never permitted to take home any other child than their own even with a signed note from both parents...unless there is an extenuating circumstance that has been PRE-APPROVED by the Coach. It is the coach's responsibility to ensure that athletes behave responsibly and in accordance with the school district's bus safety guidelines. Athletes should be reminded that as team members they are representing Freeport and their behavior and decorum will reflect on their team, coach and school. Students are not permitted to drive their automobiles to away contests.

ELIGIBILITY REQUIREMENTS

In order to participate on an interscholastic athletic team, a student must satisfy the following minimum eligibility rules. These standards are established by the New York State Public High School Athletic Association. An athlete must be a bona fide middle or senior high school student and must be taking at least five subjects and physical education. Students who have completed graduation requirements are not permitted to participate in an interscholastic athletic program. A student shall be eligible for interscholastic competition in grades 9, 10, 11 and 12 until his/her 19th birthday. If the age of 19 years is reached on or after July 1, the student may continue to participate during that year in

all sports. A pupil shall be eligible for senior high athletic competition in each sport during four consecutive seasons of such sport after entry into the 9th grade and prior to graduation. An appeal for an extension of athletic eligibility can be made if the Chief School Officer can show that a student's failure to enter competition during one or more seasons of a sport was caused by illness, accident or other circumstances beyond the control of the student.

ATHLETIC REGISTRATION-FAMILYID

The Freeport Athletic Department now offers the convenience of online athletic registration through FamilyID (www.familyid.com). All student athletes must be registered on FamilyID and have a valid physical examination recorded on the NYS health form that is dated within 1 calendar year of the first day of tryouts which can be uploaded to your FamilyID account or given to the school nurse before being cleared by the nurse to tryout for a team. FamilyID is a secure registration platform that provides you with an easy, user-friendly way to register for athletics, and helps us to be more administratively efficient and environmentally responsible. When you register through FamilyID, the system keeps track of your information in your FamilyID profile. You enter your information only once for each family member for multiple uses and multiple programs.

HIGH SCHOOL ATHLETIC PROGRAM

Athletic participation at the Senior High School Interscholastic level requires a greater commitment and is more competitive than the Modified Program in the Middle School. The Junior Varsity (JV) program functions as a transition between the two. JV & Varsity competition is based on ability and participation in these programs which require a significant commitment of time as well as adherence to stringent team and Athletic Department rules. Parents and athletes are advised to take this into consideration when deciding whether or not to participate at the JV or Varsity level. In order to understand fully a family's commitment to JV or Varsity competition and to avoid miscommunication and unrealistic expectations, parents and students must realize that:

- Practices/contests are scheduled on a six day per week basis and during vacation periods. Athletes are required to participate in all practices/contests. More than three unexcused absences may result in dismissal from the team.
- Squad selection is based on ability and cuts are made at the discretion of the coaching staff.
- Playing time is based on ability and substitutions are made at the discretion of the coach.
- Athletes who fail to complete a season will not be awarded a letter/certificate or receive credit for the season. This includes play-offs at the Varsity level.

VACATION POLICY

Vacations by athletic team members during a sports season are highly discouraged. Parents and athletes who wish to go away during a particular season may want to defer participation so as not to

create conflicts. In the event that a family vacation is unavoidable, an athlete must notify the coach the first day of tryouts. It is an expectation that student-athletes will be fully committed to the team in which they play on. All designated practice/game days are mandatory. In the event that an athlete misses any mandatory practice/game days over a vacation, the following consequences may be enforced:

- Sitting out entire games or specific portion of games.
- Loss of starting position
- Loss of Captainship (if applicable)

TRYOUTS AND TEAM SELECTION

Team Selection: will be held in a closed environment with only the coaches and the athletes permitted. In accordance with our philosophy of athletics and our desire to see as many students as possible participate in the athletic program while at Freeport, we encourage coaches to keep as many students as possible on each team. Time, space, facilities, equipment and other factors may place limitations on team size for any particular sport. Selections are made according to the skill level of the athletes. All positions are open for any athlete to fill on an annual basis. Choosing the members and captains of athletic teams is the sole responsibility of the coaches. At the pre-season interest meeting, the coach shall provide the following information to all candidates:

- extent of try-out period (2-3 Day minimum)
- criteria used to select the team member
- practice commitments of team members
- game commitments of team members
- requirements for participation

PRACTICE SESSIONS FOR SCRIMMAGE & GAME ELIGIBILITY

All required practice sessions shall be organized and planned for approximately two-three hours and shall include activities specific to the sport. Depending on the sport and level of play, each team member is required to participate in a minimum number of practice sessions prior to the first team scrimmage and/or contest. In order to meet the “minimum practice” requirement, the athlete must be engaged in rigorous activity. A practice on the day of a game may not be counted towards the minimum number. Practice sessions are sport specific, so that practices in one sport would not apply to another sport in the event an athlete changes teams.

Parents and student athletes have a responsibility to notify a coach immediately whenever a conflict arises with the practice/game schedule and should attempt to resolve the conflict. If it becomes apparent that conflict will continue on a regular basis and a student cannot fulfill his/her obligation, he/she should withdraw from the team.

SCHEDULING PRACTICES, SCRIMMAGES AND GAMES

Each coach shall be responsible for planning and conducting practices six days a week. Practices should last approximately 2-3 hours at the Varsity and JV level. The only excused absence from practice is an absence from school. As a general rule, there will be no team practices on Sundays. However, in instances where a practice can be justified (post-season), it can be scheduled with the Athletic Director's prior approval. On days when ACT, SAT and PSAT tests are administered, practices and contests will be scheduled for that same afternoon whenever possible.

The Athletic Director will be responsible for the scheduling of all interscholastic athletic contests. All league contests will be scheduled by BOCES and all non-league contests and scrimmages must be scheduled by each individual coach. Whenever regularly scheduled contests conflict with school activities, the Athletic Director will attempt to resolve these conflicts. Since changes in the schedule affect other schools, officials and transportation, requests to change a scheduled contest cannot always be fulfilled. Advanced notice for situations like this are most helpful for rescheduling purposes.

The number of required practices and contests in any given sport is established by Section VIII and NYSPHSAA. Scrimmages and non-league contests will be scheduled so that the minimum number of team and individual practice sessions can be held prior to the first contest. These standards indicate required number of practices, maximum number of contests, minimum time between contests and individual limits for athletes per day.

SUBSTANCE ABUSE

Medical research clearly substantiates the fact that use of tobacco, alcohol or any other drug or mood-modifying substance produces harmful effects on the human body. The Freeport community is concerned with the health habits of student athletes and is convinced that athletics and the use of these substances are not compatible. Therefore, use of tobacco, alcohol or other drugs is prohibited.

RELIGIOUS HOLIDAYS

The Freeport Athletic Department recognizes the right of all students to practice the teachings of their religion and observe religious holidays. All requests to be excused from practice and/or games to attend religious services will be honored without penalty. The scheduling of scrimmages or games shall be prohibited on the following religious holidays: Rosh Hashanah (beginning at sunset of the previous day), Yom Kippur (beginning at sunset of the previous day), Christmas Day, Good Friday, 1st day of Passover and Easter Sunday.

CONFLICTS IN EXTRACURRICULAR ACTIVITIES

Freeport High School provides numerous opportunities for its students to participate in extracurricular activities. These activities are conducted according to an overriding philosophy that is consistent with the academic program. Students are encouraged to take advantage of these opportunities; however, students should not sacrifice their academic program to participate in athletics.

The Athletic Department recognizes that students should have the opportunity to engage in a broad range of learning experiences. However, a student who attempts to participate in too many extracurricular activities will, undoubtedly, be in a position of conflicting responsibilities. Students are cautioned not to overextend themselves. Participation on athletic teams requires a demanding commitment of time to a rigorous schedule of practice and competition that in addition to weekdays includes, at the JV and Varsity levels, weekends, holidays and vacation days.

Many students choose to participate in athletics and competitive clubs throughout the school year. It is very important that you review your schedules for conflicts at the beginning of the season. Some conflicts can be resolved via early communication with coaches and advisors if done early enough and both parties are able to be flexible. This is not always the case, but we will try. End of season, championship events are mandatory for all athletic team members, there can be no flexibility. If you are committing to being a team member, you must be available. This is part of the commitment we expect from all Freeport athletes. If you do not feel you are able to do this, you will have to choose either the sport or the club. This must be done early enough as to not affect the team.

FALL SEASON

The start date of every athletic season is governed by Section VIII. The fall season always begins prior to the start of the school year. Football usually begins two weeks prior to Labor Day and all other sports on the Monday one week prior to Labor Day. The tryout period begins on those days. Students must attend the tryout sessions to be eligible for the team. Please schedule your vacation plans accordingly.

WEBSITE:

For all game schedules or to receive email notification of changes to your child's athletic schedule, please go to: www.section8ny.org or www.rschooltoday.org and sign-up under the "Get Alerts" tab.

RISK FACTOR IN SPORTS

In the event an athlete sustains an injury which is serious enough to require a physician's examination and treatment, the athlete must obtain written permission from the attending physician before being

allowed to resume practice/competition. Students must be cleared to resume their regularly scheduled Physical Education class as well as athletics in order to be cleared. All such injuries must be reported to the Athletic Trainer and the Health Office by the athlete and coach as soon after the injury as possible, but no later than the next school day. All doctor's notes regarding an athlete's ability to resume athletic competition must be submitted to the Health Office to be noted on the student's health record. In the event a question arises regarding an injury/illness, the Health Office should be contacted immediately. In all cases when a question regarding the health, fitness or ability of an athlete to return to athletic participation is raised, the decision of the Chief School Physician will be final.

HEALTH INSURANCE COVERAGE

All bona fide students of the Freeport Public Schools are insured through the Pupil Benefits Protection Plan, Inc., a non-profit plan sponsored by the New York State Public High School Athletic Association. The policy is intended to provide supplemental health insurance when accidental bodily injury is sustained by a student while engaging in a school sponsored activity. Freeport Public Schools pays for the total cost of this coverage. In order for coverage to be in effect, it shall be the responsibility of the student to report the injury to the Health Office within 90 days of the date of injury. Claims must first be filed with the family's private health insurance carrier. After settlement of that claim, the District's coverage is intended to reimburse the family for a portion of the unpaid balance. Information and forms regarding claims can be obtained from the Nurse's Office.

MIXED COMPETITION

Students who wish to participate on a team of the opposite gender must submit a letter of interest to the Athletic Director two months prior to the first day of practice of the desired sport. According to the Commissioner of Education and the New York State Public High School Athletic Association guidelines, such a request cannot be granted if the school fields a team of the applicant's gender.

LOCKERS

Lockers are school property on loan to students. Students select a locker and are responsible to see that the locker is returned in the same condition in which it was when assigned. Any malfunction of lockers must be reported to the coach immediately. Each student is encouraged to make sure that the locker is kept securely locked at all times and to share neither the combination, nor the locker with any other student. The locker should not be used to store valuable items or large sums of money, as the school and district is not responsible for lost or stolen items.

AWARDS

All Varsity athletes will receive a Freeport "F" and pin at the end of each season from their coaches. At our annual Varsity Awards, special senior award recipients will be honored as well as the distribution of Varsity Letters to all of our senior athletes. The date for this evening is published in the school

district calendar.

NASSAU COUNTY ASSOCIATION AWARDS

The Nassau County High School Coaches Association seasonally identifies student athletes for special recognition within their sport. Each association has developed their own criteria for these awards. Questions concerning the awards should be addressed to the Varsity coach.

NCAA ELIGIBILITY REQUIREMENTS

Students enrolling in a Division I or II college or university who wish to participate in athletics must meet specific academic eligibility requirements. Initial academic eligibility is determined by the NCAA Clearinghouse at the end of the junior year of high school and final eligibility is determined after high school graduation. Registration with the NCAA Clearinghouse is available online at www.NCAAClearinghouse.org.

PHYSICAL EDUCATION

All athletes are expected to fully participate in their Physical Education class. Failure to do so will result in the athlete not being permitted to take part in practice or any scheduled contests that day.

CONCUSSIONS

A concussion is a mild traumatic brain injury. Concussions occur when normal brain functioning is disrupted by a jolt or force that can be transmitted to the head by an impact or blow occurring anywhere on the body. Essentially, a concussion results from the brain moving back and forth or twisting rapidly inside the skull. Recovery from concussion will vary. Avoiding re-injury and over-exertion until fully recovered are the cornerstones of proper concussion management. All coaches, physical education teachers, and certified athletic trainers are required to be trained to recognize the symptoms of a concussion and to seek proper medical treatment for such injuries. Any student demonstrating signs, symptoms or behaviors consistent with a concussion while participating in interscholastic athletic activity will be removed from the game or activity and be evaluated immediately and will not return to play that day. The Freeport School District will notify the student's parents or guardians and recommend the appropriate monitoring.

Once a student-athlete is diagnosed with a concussion, clearance by an athlete's personal physician is needed to begin return to play protocols. No student may return to full athletics before going through a return-to-play protocol. This is a 5 day supervised program that is overseen by the Freeport Athletic Trainer. Return to play following a concussion involves a stepwise progression. There are many risks to premature return to play including: a greater risk for a second concussion because of a lower concussion threshold, second impact syndrome (abnormal brain blood flow that can result in death), exacerbation of any current symptoms, and possibly increased risk for additional injury due to alteration in balance. No student /athlete will be permitted to return to play while symptomatic. Students are prohibited from returning to play the day the concussion is suspected. If there is any doubt as to whether a student has sustained a concussion, it will be treated as a concussion! (When in

doubt sit them out.) The athletic trainer and nurse will oversee return to play protocol with final approval made by the chief medical officer.

Detailed information on concussions can be found on the websites of the New York State Education Department (“SED”) and the New York State Department of Health (“DOH”).

<http://www.p12.nysed.gov/ssss/schoolhealth/schoolhealthservices/ConcussionManageGuidelines.pdf>

HIGH SCHOOL SPORT SEASONS

FALL

Cross Country - Boys & Girls Varsity

Football Varsity & JV

Golf - Coed Varsity

Soccer - Boys Varsity & JV

Soccer - Girls Varsity & JV

Swimming - Girls Varsity

Tennis - Girls Varsity

Volleyball - Boys Varsity

Volleyball - Girls Varsity & JV

WINTER

Basketball - Boys Varsity & JV

Basketball - Girls Varsity & JV

Bowling - Boys Varsity

Bowling - Girls Varsity

Rifle-Coed Varsity

Swimming - Boys Varsity

Winter Track - Boys Varsity

Winter Track - Girls Varsity

Wrestling Varsity & JV

SPRING

Badminton - Girls Varsity

Baseball- Varsity & JV

Flag Football-Girls Varsity

Lacrosse - Boys Varsity & JV

Lacrosse - Girls Varsity & JV

Softball- Varsity & JV

Tennis - Boys Varsity

Track & Field - Boys Varsity

Track & Field - Girls Varsity

ACADEMIC ELIGIBILITY

Regulation

A student who is currently failing two or more courses on an interim report or report card may not participate in extracurricular activities unless a review of his or her performance demonstrates that he or she is making a responsible effort to improve.

Rationale

The Freeport Public Schools value participation in extracurricular activities. When a student is in academic jeopardy, the first priority must be to improve the quality of his/her class work. Extracurricular participation is not contingent on academic performance so long as the student demonstrates responsible effort to improve, as determined by standards including class attendance, consistency of homework and other assignments, and attendance at extra help sessions. A student will be suspended from extracurricular participation if he/she does not demonstrate responsible effort.

Extracurricular activities especially sports, music, and the arts provide enrichment experiences for our students. This has been especially beneficial to many of our at risk youth. To totally eliminate a student from extracurricular activity or activities does not help that student. It may, indeed, cause that student to be in an unsupervised and possibly a negative situation. Therefore, the Extracurricular Academic Eligibility Committee has established the following implementation procedures.

Implementation Procedures:

- 1) The status of an identified student, who is in academic jeopardy, is defined as follows:
 - a) **PROBATIONARY**—A student who has two or more failures. Those students may participate and maintain probationary status by showing improvement efforts.
 - b) **INELIGIBLE**—A probationary student who has not demonstrated reasonable academic improvement efforts. A student declared ineligible may not participate in extracurricular activities for two weeks.
 - c) **NON-COMPLIANT**—An ineligible student who did not participate in extracurricular activity for two weeks and failed to demonstrate reasonable academic improvement efforts. That student will be dismissed from the extracurricular activity.
- 2) The review process:
 - a) The coach/adviser and committee members will receive a list identifying those students who have two or more failures.
 - b) The following day all probationary students will report to an eligibility meeting conducted by the Athletic Director or the subject area coordinator, two faculty members, an assistant principal and a guidance counselor. The meeting will concentrate on improving the students' academic performance.
 - c) Students must make reasonable efforts to succeed academically to be evidenced by certain factors:
 - i) five or fewer excused absences and no unexcused absences
 - ii) reasonable effort to take advantage of extra help programs

- iii) reasonable cooperation in class
 - iv) no failing grade since the students were declared as probationary or ineligible
 - v) no disciplinary detentions assigned since student is alerted that he/she is in academic jeopardy
- 3) A weekly progress report will monitor students' efforts between the interim report and report cards.
- 4) The committee will review eligibility every two weeks. A student putting forth a serious effort to improve will be permitted to participate in extracurricular activities. If a report indicates that a student remains in academic jeopardy because he/she is not putting forth a serious effort to improve, that student will be declared ineligible for a two-week period. Compliance will result in reinstatement to probationary status. A student who is non-compliant will be dismissed from the extracurricular activity.
- 5) Students who have failed two or more courses at the end of the school year will be placed as probationary, at the beginning of the next school year, unless they have passed those failing classes at summer school.
- 6) CSE regulations and their IEP will govern special education students.

CONCLUSION

We realize that no handbook can anticipate and comprehensively answer every question. Our Director of Athletics, Mr. Jonathan Bloom, is available to discuss any concerns or questions about any of our athletic programs or about the progress of your child. Mr. Bloom can be reached at 516-867-5330.

ACKNOWLEDGEMENT

This Athletic Handbook will be on the Athletic Website for reference and on FamilyID to electronically sign before each sport season:

I acknowledge that I have read the Athletic Handbook and understand the guidelines, procedures, training rules and commitment necessary for athletic participation. I agree to comply with the terms and conditions set forth in order that I may participate. I give my son/daughter permission to participate. I have reviewed the rules and regulations with my child.